



Episode Schedule

4/26

The Interconnected Web and Flow of Life
with Joe Thompson

4/28

Trends in Water and Soil Health, Related Govt. and Corp. Actions, Citizens' Role
with Joe Thompson

5/3

Seeds: The Legacy of a Community
with Ira Wallace

5/5

Dining on the Vine
with Jeannie & Michael of Edible Landscaping

SPRING HERB AND "WEED" WEEK

5/10

**Spring Forward with Herbs and "Weeds"
with Jan Wolfe**

5/12

**Jan's Medicinal and Culinary Spring Garden
with Jan Wolfe**

PERMACULTURE WEEK

5/17

**Permaculture: A Celebration of Nature's Connections, Resilience and Diversity
with Ryan Blosser**

5/19

**Food for Thought: Transferring Principles into Practice
with Patrick Johnson and Ryan Blosser (A Supersized Episode)**

ENERGETIC Body Week

5/24

**Shinrin-Yoku: The Reciprocal Relationship between Nature and Humans
with Shelley Galloway**

5/26

**Biodynamic Craniosacral Therapy and its Relationship with the Natural World
with Clara Favale**

FOREST APPRECIATION WEEK

5/31

**Into the Forest: The Secret Language of Trees
with Susan Tyler Hitchcock**

6/2

**Foraging and Feasting
with Heather Wetzel**

CHINESE MEDICINE AND TAOISM

6/7

The Different Uses of Naturopathy, Chinese Medicine, and Allopathic Treatments
with Paul Olko

6/9

Relationship of Taoism and Chinese Medicine
with Paul Olko

**ESPECIALLY FOR OUR CHILDREN AND THEIR
FAMILIES - A DOUBLE WEEK**

6/14

CBI Forest School: Lessons from the Wilderness During the Pandemic
with Jill Abbey Clark

6/16

From Farm to Classroom: A Successful School Nutrition Initiative
with Zoe Kobrin

6/21

10 Secrets to Cook Food Kids Love
with Chef Natsuko Yamawaki

6/23

Cooking Demo: Delicious Miso Recipes for Kids and Families
with Chef Natsuko Yamawaki

Good EATS WEEK - YES, FINALLY!

6/28

**The No-Bull Burger Story: The Rolls Royce of Veggie Burgers
with Elizabeth and Crissane Raymond**

6/30

**Hon's Convertibles, Meal Planning, and Food Waste
with Honie Ann Peacock (A Supersized Episode)**