

HON'S RESOURCE SHEET

Soil saving, Permaculture, Eco-Friendly Products, Living walls, Houseplants & More

Principles of Permaculture

Sadhguru

A famous yoga guru

since the '80s has now taken up the cause. Watch and hear his interview with Trevor Noah about his Save the Soil Movement. If you want to learn more about Sadhguru's efforts, you can check out his [Conscious Planet](#).

Epic Gardening

10 tips for successful container raised beds: orienting them to the sun's path, making a healthy soil, a watering plan plus some other great resource links - a terrific little 13 min. video

NEED TO GROW

A video about our soil being threatened with extinction - made by Rob Herring – his website Earth Conscious Life

Quail Springs

A regenerative living organization in the high desert of California. This links you to its newsletter – and to a wonderful online class in Regenerative Design. Great place to connect with and learn from.... admin@quailsprings.org

<https://www.nytimes.com/wirecutter/reviews/houseplant-starter-kit/>

The Wirecutter staff gives lots of tips on what you need to start successful houseplants, which ones are pet safe, best potting soil to buy and more

https://www.nytimes.com/wirecutter/guides/our-favorite-plants/?campaign_id=9&emc=edit_nn_20220416&instance_id=58701&nl=the-morning®i_id=104246621&segment_id=89434&te=1&user_id=fb50e9733091c8aa52bc5c8f544670b6

Another good guide by the Wirecutter staff on their favorite houseplants....Did you know that houseplants improve your indoor air quality as well as adding life and nature to your home?

<https://greenplantsforgreenbuildings.org/wp-content/uploads/2018/11/Why-Workplace-Need-More-Nature.pdf?eid=au%2Bv1wPRumFEqzoa4JnAILw%2BNRt%2F4WwLNJOwCvB7qF0Jr5E0P4lrFLAUtFi6UucrunmpqAkh3l8ISOA1CrN8Ppph21rzwxX1Cohd3NJQfGTOqsjh>

<https://greenplantsforgreenbuildings.org/wp-content/uploads/2014/01/BenefitofPlants.pdf?eid=wXQi%2BDT%2FVrWHqomMFUySoSudlbQWvKO%2Fvf5S59GWPzQC07l8I5gWE3IQx5S9KH7Im41XGJdaXk2RA4UZnee2UEAK5q5z4qljvrBKSCjlm%2BmYPK2U>

Economics of Biophilia

GREEN WALLS

The first thing that comes to mind when you see a professionally installed and maintained green wall is” Why didn’t I think of that?” For those of you who don’t know what I am talking about a green wall is a vertical planting that is either build into a wall, hung like artwork or is freestanding.

Green walls can range in size from a couple of square feet to several stories high. Think of it as living art, where shapes, colors, textures and patterns are painted with tropical plants. Corporate Logos can be spelled out, and even impressionistic art rivaling that which can be seen in an art gallery. Here are some of the benefits of a green wall.

- Vertical application does not take up valuable floor space.
- Great design versatility from a profusion of colors and textures to monochromatic
- Custom buildable to any size.
- Modular for ease of care and installation
- Does not remain static, changes.
- Design can be changed by shifting plants.
- Can be had with automated irrigation, simplifying care.
- An affordable option for every application

ECO-FRIENDLY KITCHEN PRODUCTS

How to Recycle Plastic Bags: The Ultimate Guide